

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025
Wales National Pool, Swansea
Meet Program - Session 4 - Warm Up 08:00 - 08:50

Event 401 Men 100 LC Meter Backstroke					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 3 Finals					
1	Paul Partington	77	Wincanton	2:10.37	___
2	Kevin Morris	62	Gloucester M	1:50.00	___
3	Shaun Cairns	61	Calne Alpha	1:47.00	___
4	Alastair Gibb	65	Team Luton	1:33.00	___
5	Nick Minns	72	East Anglian	1:39.00	___
6	Stuart McGurk	64	Kendal	1:48.83	___
7	Matthew Allen	30	Swansea Mast	2:00.00	___
8					___
Heat 2 of 3 Finals					
1	Malcolm Wilson	72	Cardiff Mast	1:27.00	___
2	Richard Black	40	Cardiff Mast	1:25.00	___
3	Paul Pester	61	Camden Swiss	1:23.00	___
4	David Bryant	64	Woking	1:18.87	___
5	Alan Parkins	65	Crawley	1:20.00	___
6	Nicholas Hatton	40	Welsh Ind	1:24.93	___
7	Luke Greenslade	58	Dartmouth SC	1:26.50	___
8	Mark Jones	65	Warrington M	1:28.00	___
Heat 3 of 3 Finals					
1	C Walter Robles	23	Solent C P S	1:11.10	___
2	Michael Hodgson	58	Woking	1:10.00	___
3	Mark Tuddenham	28	Woking	1:05.00	___
4	Andrew Gore	20	Co Cardiff	1:02.27	___
5	Oliver Lines	27	Cardiff Mast	1:03.00	___
6	Ben Winter	56	Totnes	1:05.30	___
7	Lloyd Jones	22	Swansea Uni	1:10.65	___
8	Andrew Squires	53	Team Anglia	1:14.31	___
Event 402 Female 100 LC Meter Backstroke					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 3 Finals					
1	Margaret Bickley	74	Dartmouth SC	1:55.73	___
2	Elaine Harrison	62	Cardiff Mast	1:55.00	___
3	Mary Johnson	75	Mid Sussex	1:43.00	___
4	Vikki Courtman	31	Chirk	1:35.00	___
5	Catherine Chase	68	Camphill Ed	1:41.65	___
6	Sarah Hyde	53	Cardiff Mast	1:45.00	___
7	Claudine Day	54	Redhill & R	1:55.48	___
8	Laura Thomas-Bradley	41	Abertillery	2:30.00	___
Heat 2 of 3 Finals					
1	Sue Starr	47	Leic Peng	1:32.10	___
2	Charlotte Kemp	20	Hillingdon	1:26.86	___
3	Judith Pearson	65	Carlisle Aq	1:22.00	___
4	Katie Hodgson	26	Woking	1:20.46	___
5	Carys Clark	25	Solent C P S	1:20.54	___
6	Helen Kula-Przewanski	66	Devonport	1:24.65	___
7	Micaela Morris	64	Gloucester M	1:30.61	___
8	Kathleen Bidnall	70	Mid Sussex	1:33.50	___
Heat 3 of 3 Finals					
1	Lisa Dawson	47	Barnet Copt	1:18.40	___
2	Faith Goodliffe	25	C Dolphins	1:13.05	___
3	Michelle Ware	52	Woking	1:12.00	___
4	Avani Gill	23	Cardiff Mast	1:07.18	___
5	Jo Corben	55	S D Trojan	1:09.50	___
6	Laura Hibberd	35	Hillingdon	1:12.20	___
7	Lynsey Wright	26	Crawley	1:14.06	___
8	Bryany Cornish	29	Loughborough	1:18.43	___

Event 403 Men 200 LC Meter Freestyle					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 6 Finals					
1	Marc Geary	52	Welsh Ind	4:00.00	___
2	Terence Mansi	76	Hadleigh	3:25.00	___
3	Mark Wisden	54	Bridgend Cty	3:10.05	___
4	Nick Minns	72	East Anglian	3:01.00	___
5	Patrick Allen	63	Woking	3:10.00	___
6	Tony Cherrington	83	Gloucester M	3:20.00	___
7	Donald Leatherbarrow	87	Gloucester M	3:45.00	___
8	Paul Bradbeer	62	Carrick Mas	4:00.00	___
Heat 2 of 6 Finals					
1	Christopher Hanmer	46	Chirk	2:44.05	___
2	Antony Corben	63	S D Trojan	2:42.00	___
3	Mark Partridge	62	Stroud Mast	2:40.00	___
4	Gareth Jones	39	Carm Masters	2:40.00	___
5	Jon Holland	45	Bridgend SC	2:40.00	___
6	Tony Morris	70	Aer Lingus	2:41.10	___
7	Ian Powell	66	Welsh Ind	2:42.87	___
8	Lee Barnfield	49	Chirk	2:51.97	___
Heat 3 of 6 Finals					
1	Nigel McDonald	61	Crawley	2:31.30	___
2	Stuart Swaffer	54	Woking	2:29.27	___
3	Gordon Coutts	65	Totnes	2:28.00	___
4	Ka Chun Felix Ng	40	Loughborough	2:25.55	___
5	Claudio Caprilli	40	Pembs Cty	2:27.00	___
6	Colin Robbins	61	NottmLeander	2:28.16	___
7	Paul Tallentire	63	Scarborough	2:30.00	___
8	Mark Jones	65	Warrington M	2:35.00	___
Heat 4 of 6 Finals					
1	Colin Stephenson	67	Gloucester M	2:24.42	___
2	Julian Plumley	60	Newcastle	2:23.00	___
3	Ade Belcham	58	Crawley	2:21.50	___
4	Hayden Ball	29	Bristol Nor	2:20.00	___
5	Matthew Dickinson	29	Swansea Mast	2:20.00	___
6	Peter Brystow	35	Team Anglia	2:22.00	___
7	Nik Takev	22	Barnet Copt	2:24.23	___
8	Mark Robertson	63	Crawley	2:25.23	___
Heat 5 of 6 Finals					
1	Emyr Meek	28	Swansea Uni	2:19.14	___
2	Ian Wilkes	58	Loughborough	2:16.00	___
3	Jamie McHale	53	Co Sheffield	2:15.50	___
4	Callum Morris	30	Cardiff Mast	2:13.77	___
5	Sean McQuaid	57	Barnet Copt	2:15.00	___
6	Mark Reynolds	62	Barnet Copt	2:16.00	___
7	Courtney Mattocks	31	Cardiff Mast	2:16.40	___
8	Christopher May	33	Pembs Cty	2:19.40	___
Heat 6 of 6 Finals					
1	Niall Killey	40	Douglas	2:11.82	___
2	Mark Tuddenham	28	Woking	2:05.00	___
3	Carl Shaw	45	NottmLeander	2:03.60	___
4	Samuel McCarthy	20	Co Cardiff	1:59.64	___
5	Henry Goodlud	28	Woking	2:00.00	___
6	Stephen Gerard Lamb	33	Scotia	2:04.90	___
7	Rhodri Humphreys	43	Royal Navy	2:10.00	___
8	Lloyd Rosewell	40	Swansea Mast	2:12.00	___

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Meet Program - Session 4 - Warm Up 08:00 - 08:50

Event 404 Female 200 LC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
1	Lesley Davies	65	Otter	3:58.00
2	Marina Nakano	52	Camden Swiss	3:45.00
3	Rose Dudeney	78	Mid Sussex	3:35.30
4	Sharon McLellan	67	Hadleigh	3:25.00
5	Elaine Harrison	62	Cardiff Mast	3:35.00
6	Emma France	57	Guildford Ct	3:40.00
7	Nizza Fluss	63	Barnet Copt	3:53.00
8				
Heat 2 of 6 Finals				
1	Alison Gwynn	77	Mid Sussex	3:15.44
2	Christine Rose	69	Bristol Nor	3:10.00
3	Fiona Conway	35	Loughborough	3:01.60
4	Viv Jones	71	Seagulls SC	2:56.00
5	Joy Hopkins	50	Poole	2:59.00
6	Wendy Mellett	62	Chirk	3:07.19
7	Catherine Hartle	67	Co Sheffield	3:10.00
8	Mary Johnson	75	Mid Sussex	3:20.00
Heat 3 of 6 Finals				
1	Sue Starr	47	Leic Peng	2:55.30
2	Eleanor Roberts	41	Swansea Aq	2:50.35
3	Helen Harris	59	Larkfield	2:49.24
4	Elizabeth Shaw	59	Otter	2:47.00
5	Emma Gage	27	Cardiff Mast	2:48.00
6	Maida Shivik	51	Camden Swiss	2:50.00
7	Kim Collins	59	Chirk	2:52.50
8	Verity Dobbie	66	Derwent&Gate	2:55.35
Heat 4 of 6 Finals				
1	Helen Kula-Przewanski	66	Devonport	2:43.41
2	Keira Lee	20	Wrexham	2:40.84
3	Mary Swallow	29	Co Sheffield	2:35.10
4	Stephanie Baron	38	S D Trojan	2:34.00
5	Amelia Edmonds	26	Cardiff Mast	2:35.00
6	Cerys Vaisey	22	Abertillery	2:37.57
7	Frances Lynn	34	Cardiff Mast	2:42.06
8	Karen Fitzgerald	54	Cardiff Mast	2:44.37
Heat 5 of 6 Finals				
1	Hannah Griffiths	31	Swansea Mast	2:30.00
2	Grace Robinson	31	Cardiff Mast	2:30.00
3	Verity Cook	30	Swansea Mast	2:28.00
4	Jessica Partridge	50	Stroud Mast	2:24.08
5	Brody Matthews	27	Abertillery	2:26.32
6	Stephanie McNally	36	Bristol Nor	2:30.00
7	Melissa Jones	30	Cardiff Mast	2:30.00
8	Peta Jarvis	24	Loughborough	2:32.19
Heat 6 of 6 Finals				
1	Rachel Curnock	38	Ots Bristol	2:19.50
2	Jennie Clarke	40	Woking	2:19.17
3	Alexandra Szuplewski	27	Cardiff Mast	2:16.40
4	Megan Roberts	18	Wrexham	2:13.44
5	Georgina Heyn	41	Woking	2:16.00
6	Emily Ezard	23	Bridgend SC	2:17.83
7	Laura Hibberd	35	Hillingdon	2:19.20
8	Hannah Angell	35	Woking	2:21.08

Event 405 Men 400 LC Meter IM				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1				
2				
3	Stuart McLellan	76	Hadleigh	7:58.00
4	Vladimirs Sveds	69	PK Champion	7:25.17
5	Malcolm Barton	70	Carrick Mas	7:50.00
6	Stuart McGurk	64	Kendal	7:59.63
7				
8				
Heat 2 of 2 Finals				
1	Nicholas Hatton	40	Welsh Ind	6:55.49
2	Phillip Albright	55	Camden Swiss	6:30.00
3	Paul Smoothy	57	Guildford Ct	6:15.00
4	Alex Thurston	44	NottmLeander	5:20.00
5	Connor Skelly	20	Wrexham	5:42.22
6	Alan Parkins	65	Crawley	6:15.00
7	Mark Jones	65	Warrington M	6:30.00
8	Alastair Gibb	65	Team Luton	7:20.00
Event 406 Female 400 LC Meter IM				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1				
2	Nizza Fluss	63	Barnet Copt	9:40.00
3	Zorika Adams	55	Camden Swiss	7:30.00
4	Amanda Heath	68	Spencer	6:39.80
5	Wendy Figures	60	Co Sheffield	6:55.00
6	Elizabeth Knowles	65	Camden Swiss	7:45.00
7	Christina Victor	71	Guildford Ct	9:55.78
8				
Heat 2 of 2 Finals				
1	Rhian Jones	25	Cardiff Mast	6:00.00
2	Katie Pateman	43	Exe Masters	5:43.16
3	Nia Skinner	32	Gloucester M	5:28.03
4	Megan Roberts	18	Wrexham	5:16.97
5	Julie Howe	36	Woking	5:25.00
6	Jade Burton	27	Loughborough	5:41.46
7	Nicola Latty	54	Holywell	5:48.53
8	Adele Parham	58	Exe Masters	6:38.09
Event 407 Men 200 LC Meter Freestyle Relay				
Lane	Team	Relay		Seed Time
Heat 1 of 1 Finals				
1	Swansea Mast	M120	B	NT
2	Swansea Mast	M120	A	NT
3	CO Salford	M120	A	NT
4	Crawley	M120	A	NT
5	Cardiff Mast	M120	A	NT
6	Woking	M120	A	NT
7	Cardiff Mast	M120	B	NT
8	Cardiff Mast	M120	C	NT

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025**Wales National Pool, Swansea****Meet Program - Session 4 - Warm Up 08:00 - 08:50****Event 408 Female 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1	Cardiff Mast	W120 B	NT ____
2	Wrexham	W120 A	NT ____
3	Woking	W120 A	NT ____
4	Camden Swiss	W120 A	NT ____
5	Mid Sussex	W120 A	NT ____
6	Swansea Mast	W120 A	NT ____
7	Cardiff Mast	W120 A	NT ____
8	Cardiff Mast	W120 C	NT ____